

# Be Red Cross Ready!



## Free Emergency Preparedness Training for your Community

Floods, hurricanes and wildfires are becoming more frequent and can be devastating to our loved ones, homes and communities. Build confidence by learning simple steps you can take now, to help prepare and protect your family.

It's easy to learn through one of our free disaster preparedness trainings!

Hosted by the American Red Cross, Be Red Cross Ready is a national, standardized, FREE preparedness education curriculum for adults taught by certified presenters. The program is designed to help people understand, prepare for and respond appropriately to disasters

### Available in Virtual Delivery

A companion module covering the COVID-19 response is now available. The curriculum reviews the overall COVID-19 situation, ways to protect yourself and your family, and ways to cope with stress and access local information. Option to mix and match with other emergency preparedness modules including: Preparedness Essentials, Home Fires, Hurricanes, Earthquakes, Floods, Tsunamis, Tornadoes, Wildfires, Extreme Heat, Thunderstorms, Winter Storms, Volcanoes and Landslides.

### Schedule a FREE presentation today!

Provide your community with this lifesaving emergency preparedness training from the Red Cross.

#### Contact

To learn more about this training or schedule a presentation, please contact: Kimberly Aufrecht, Preparedness Manager, North:

- Email: <u>kimberly.aufrecht2@redcross.org</u>
- Phone: 714-313-5440

#### Sign Up

To Sign Up: https://tinyurl.com/SocalVirtualPrep

### For More Information

For more information, please visit redcross.org/prepare